



# City Centre Community Centre 55+ Facility Pass

**Cost: \$16.00 per year, or \$4.30/ Drop-in for applicable classes**

Updated: July 17, 2023

Purchase your Annual Facility Pass at the front desk. You are required to scan each time you come to a program. This pass is valid only at City Centre Community Centre for 55+ Facility Pass programs. Drop-ins are based on room capacity due to fire code and on a first come, first serve basis.

Programs and times subject to change.

#4851564

Fall Programs (September 5 – December 31)	Schedule
<b>Karaoke – In English</b> Sing solo or a duet in English.	<b>Mondays</b> 10:30am – 12:30pm Starts on Sep 11 No session on Dec 25
<b>Ballroom Dance</b> A space to practice your ballroom dance moves and socialize with others. Drop-in to use our shared dance practice spaces!	<b>Mondays and Thursdays</b> 1:00pm – 2:30pm Starts on Sep 11 No session on Dec 25
<b>Chinese Traditional Dance</b> A space to practice your dance moves and socialize with others. Drop-in to use our shared dance practice spaces!	<b>Mondays and Thursdays</b> 1:30pm – 3:00pm Starts on Sep 11 No session on Dec 25
<b>Brush Hours</b> Join us every Monday for Brush Hour! A weekly intergenerational painting session with youth and seniors together to explore creativity. All supplies provided.	<b>Mondays</b> 3:00pm – 5:00pm Starts on Sep 11 No session Oct 2, Oct 9, Nov 13, Dec 25
<b>Singing Group</b> Join this group if you are interested to share your singing techniques, knowledge of music and meet new friends. Learn and gain confidence while singing in front of an audience. Please bring your own device.	<b>Tuesdays</b> 10:00am – 1:00pm Starts on Sep 5
<b>Chinese Calligraphy – In Mandarin</b> Bring your own supplies and join a calligraphy master to practice writing calligraphy, learn about all the techniques and have some fun. Supplies not provided.	<b>Tuesdays</b> 1:00pm – 3:00pm Starts on Sep 5
<b>Poetry Appreciation Group</b> Appreciate classical and modern Chinese and Western poetry and composition through study and recitations with this social group.	<b>2<sup>nd</sup> Wednesday of the month</b> 2:00pm – 4:00pm Sep 13, Oct 11, Nov 8, Dec 13
<b>Karaoke – In Cantonese or Mandarin</b> Sing solo or a duet in Cantonese or Mandarin in our soundproof room. Masks are recommended at all times.	<b>Thursdays</b> 10:30am – 12:30pm Starts on Sep 7
<b>Technology Help</b> Drop-in and get help from a volunteer and learn how to use your phone, tablet or laptop. Bring your own device to get assistance.	<b>Saturdays</b> 3:30pm – 5:00pm Starts on Sep 9 No session Sep 30, Oct 7, Nov 11, Dec 23
<b>English Conversation Group</b> Practice common English phrases and sentences by having conversations with others this informal group.	<b>Sundays</b> 3:00 – 4:30pm Starts on Sep 10 No session Oct 1, Oct 8, Nov 12, Dec 24



## City Centre 社區中心

### 55+ 設施活動卡

價錢：每年 \$16.00 (包括 GST) 或每次 \$4.30

更新日期：2023 年 7 月 21 日

請在社區中心前台購買您的全年設施活動卡。在每一次參加活動時，您需要在前台掃描您的設施活動卡。您的設施活動卡只在社區中心 (City Centre Community Centre) 的 55+ 活動有效。活動是先來先得制的。

活動內容和時間有可能變更。

秋季活動 2023 年 9 月 5 日至 12 月 31 日	日期/時間
<b>卡拉 OK – 英語</b> 在有隔音設施的音樂室獨唱或對唱英語歌曲。參加者在活動期間建議佩戴口罩。	<b>每逢周一</b> 10:30am–12:30pm 9 月 11 日開始 12 月 25 日沒課
<b>舞蹈練習室</b> 認識新朋友和練習舞步的空間!	<b>每逢周一, 周四</b> 1:00pm – 2:30pm 9 月 11 日開始 12 月 25 日沒課
<b>中國傳統舞蹈</b> 認識新朋友和練習舞步的空間!	<b>每逢周一, 周四</b> 1:30pm – 3:00pm 9 月 11 日開始 12 月 25 日沒課
<b>創意藝術時光</b> 每週一加入我們的Brush Hour! 每週一創意藝術時光, 長者與青年一起畫畫和探索創造力。提供所有用品。	<b>每逢周一</b> 3:00pm–5:00pm 9 月 11 日開始 10 月 2 日, 10 月 9 日, 11 月 13 日, 12 月 25 日沒課
<b>唱歌聚會</b> 和一群對音樂和歌唱有共同興趣的人一齊切磋唱歌心得, 認識一些新朋友和加強個人面對聽眾的信心。請自行帶手機或平面電腦。	<b>每逢周二</b> 10:00am – 1:00pm 9 月 5 日開始
<b>詩歌朗誦會</b> 通過網上群體學習和誦讀來欣賞古典和現代中華和西方詩歌和文章作品。	<b>每個月的第二個星期三</b> 2:00 – 4:00pm 9 月 13 日, 10 月 11 日, 11 月 8 日, 12 月 13 日
<b>書法俱樂部</b> 帶上你自己的用品, 和書法大師一起練習寫書法, 學習所有的技巧, 享受一些樂趣。不提供耗材。	<b>每逢周二</b> 1:00pm – 3:00pm 9 月 5 日開始
<b>卡拉 OK–廣東話或普通話</b> 在社交室唱或對唱粵語歌曲。參加者在活動期間建議佩戴口罩。	<b>每逢周四</b> 10:30am – 12:30pm 9 月 7 日開始
<b>技術幫助</b> 從義工那裡獲得幫助, 並學習如何使用手機, 平板電腦或筆記本電腦。請帶你自己的設備。	<b>每逢周六</b> 3:30pm – 5:00pm 9 月 9 日開始 9 月 30 日, 10 月 7 日, 11 月 11 日, 12 月 23 日沒課
<b>英語會話組</b> 練習常用的英文短語和句子跟這個小組練習英文口語。	<b>每逢周日</b> 3:00pm – 4:30pm 7 月 9 日開始 10 月 1 日, 10 月 8 日, 11 月 12 日, 12 月 24 日沒課

